

PROGRAMME FOR FRIDAY

TIME	DESCRIPTION	VENUE
12:30-13:00	BMX JAM SESSION	REDBULL STUNT ARENA
12:30-14:30	ATR TAG RUGBY TOURNAMENT	TAG RUGBY FIELD
13:30-14:30	SCUBA DIVING EXPERIENCE - ALPHA DIVE	POOL - HALL 2
13:30-14:30	NETBALL SKILLS CLINIC	TAG RUGBY FIELD
14:00-14:30	TRAMPOLINE / WALL RUNNERS / PARKOUR / DANCE	BOUNCE TRAMPOLINE PARK - HALL 2
14:00-16:00	WINNER STAYS ON TOURNAMENT	FIVES FUTBOL COURT
14:00-17:00	CRICKET - VARIATION HITTING & SPEED BALL	GARY KIRSTEN CRICKET BAT FAST SIMULATOR
14:30-15:30	MAN VS MACHINE - TRAILS	REDBULL STUNT ARENA
14:30-15:30	JUNIOR RUGBY SKILLS CLINICS (SATURDAY ONLY)	TAG RUGBY FIELD
15:00-15:30	BREATHHOLD CLINIC - I AM WATER	POOL - HALL 2
15:30-16:00	GRAVITY CLASH - FMX FREESTYLE / BMX / TRAILS	REDBULL STUNT ARENA
15:30-17:30	ATR TAG RUGBY TOURNAMENT	TAG RUGBY FIELD
16:00-16:15	MEET THE RIDERS	REDBULL STUNT ARENA
16:00-16:30	SUP YOGA - I AM WATER	POOL - HALL 2
16:30-17:00	BMX JAM SESSION	REDBULL STUNT ARENA
16:30-17:00	TRAMPOLINE / WALL RUNNERS / PARKOUR / DANCE	BOUNCE TRAMPOLINE PARK - HALL 2
17:00-17:30	CRICKET - MOST RUNS & MOST HITS COMPETITION & GIVEAWAY	GARY KIRSTEN CRICKET BAT FAST SIMULATOR
18:00	CAPE ARGUS SPORTSHOW CLOSE	

Cape Argus

SPORT SHOW

Sandringham | 24-26 MAR 2017

POWERED BY

